



COOLIDGE INDEPENDENT SCHOOL DISTRICT
1002 KIRVEN ST. * P.O. BOX 70 * COOLIDGE, TX * 76635

Annual Report-School Year 2015-2016 SHAC

Committee Members

Amy Isbell RN-Chairperson
Laci Lowry- Elementary Administrator
Oscar Muniz- Jr/Sr High Administrator
Tonya Barnett-Cafeteria Director
Randy Jones-Athletic Director
Lindsey Carter-Teacher/Parent
Mandie Serna-Local Business Owner/Parent
Teresa Martinez-Parent

First Meeting: 12-02-2015

Members Present: Amy Isbell RN and Laci Lowry

Discussion:

- **Possible members to invite**
- **Review of SHAC notes from 2014-2015**
- **Review of what the Nurse has implemented since August 2015**
- **The possible purchase of baby changing stations and handwashing signs for the gym and new sports complex.**

Second Meeting: 01-27-2016

Members Present: Amy Isbell RN, Laci Lowry, Mandie Serna, Lindsey Carter and Tonya Barnett

Discussion:

- **Reviewed the Local Wellness policy (it is in the process of being updated)**
- **Tonya Barnett is actively working on the update of the nutrition policy/guidelines**
- **review of SHAC guidelines with the updated copy (July 2015) given to the members present**
- **Nurse advised on what purchase orders have been submitted for equipment and update on progression of signs (CPR and Choking) for the cafeteria and concession stands in the gym and sports complex**
- **Nurse to oversee the puberty instruction for the 5th grade class and then the 6th grade class this spring.**

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- Amy Isbell RN brought up a health concern of the students in the High School building not utilizing proper handwashing in the restrooms. The students do not wash hands because the hand dryer takes too long to dry their hands when it is working and there are not any paper towels available.

Recommendation made by the committee: Paper towels and dispensers should be placed in the restrooms in the high school building for the students/staff to use to promote a healthier handwashing technique.

Submitted to Dr. Lowry on 02-09-2016 via email. Replied on 02-11-2016 stating to put this with my 2016-2017 needs.

Third meeting 03-30-2016

Members present: Amy Isbell RN, Laci Lowry, Mandie Serna, Oscar Muniz, Randy Jones and Tonya Barnett

Discussion:

- Review Wellness Policy and Plans: Each member was given a copy of the proposed policy and plan template and example template. Asked to have input available by the next meeting.
- Nutrition: Mrs. Barnett is actively working on the updates.
- Physical Ed: Coach Jones said the coaches will begin working on the fitness grams in April, 2016. The weights and heights for grades 3-5 were completed 3-29-16 by the nurse.
- Nurse: the CPR/Choking sign for the sports complex is ready. Submitted a work order to purchase plexi-glass to mount on the brick and put the poster behind it.
- Reviewed the Puberty instruction information to be given by the nurse to the 5th and 6th grades beginning April 15, 2016. Permission slips for both classes have been mailed already.
- Mrs. Lowry- In the past Gabby Washington from AgLife Extension has instructed 5th grade on awareness (Health wellness and fitness); Gabby Washington came 11 times between October 21, 2015 and February 2, 2016. She gave instruction to the 5th grade class about nutrition and fitness. She also gave curriculum to the 5th grade teachers.
- The Masonic Lodge came 3-1-16 to instruct 1st grade on tooth brushing. The nurse will give tooth brushing handouts to the Pre-K and Kindergarten classes.
- Coach Jones ask if we would have an AED for the new sports complex on order. I told him that it is my understanding that when there is a school sponsored event at the complex the athletic department portable AED is to be made available for it.

Fourth meeting 05-11-2016

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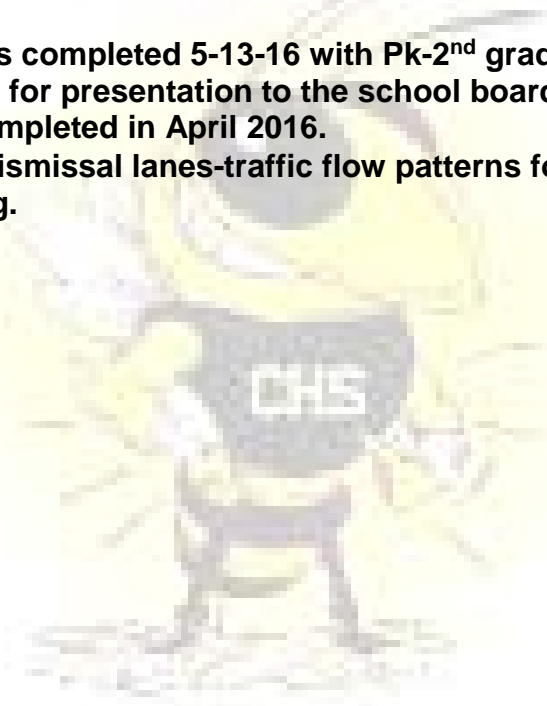
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Members present: Amy Isbell RN, Laci Lowry, Mandie Serna, Lindsey Carter, Oscar Muniz, Randy Jones and Tonya Barnett

Discussion:

- **Review Wellness Policy and Plans: The Wellness Plan was finalized and ready to submit for school boards approval.**
- **Completed the SHAC self-Assessment for 2015-16**
- **Recommendations: Use of Neon Paint to identify uneven sidewalk cracks to minimize falls. Mrs. Lowry suggested "Watch your step signs". Submitted to Dr. Lowry. Outcome pending.**
- **Nurse: Handwashing was completed 5-13-16 with Pk-2nd grades. A review of the 2015-16 SHAC notes was done for presentation to the school board. Puberty instruction for 5th and 6th grades was completed in April 2016.**
- **Discussed the need for dismissal lanes-traffic flow patterns for safety. Submitted to Dr. Lowry. Outcome pending.**

**Amy Isbell RN
School Nurse/Chairperson
CISD SHAC**



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